

**M.S.W. / MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELOR**  
**Innovative Placements**  
 (716) 883-1793  
[atodaro@innovativeplacementswny.com](mailto:atodaro@innovativeplacementswny.com)

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## SOCIAL WORKER

### Professional Profile:

Dedicated social worker with training and hands-on internship and volunteer experience with providing individual and group support, assistance, advocacy, and counseling to various populations. Direct experience providing counseling to individuals with mental illness and substance abuse issues. Comfortable interacting with diverse groups, including individuals of all ages, ethnic groups, socio-economic backgrounds, and diagnoses. Patient and respectful with people with communication and developmental disorders.

#### **Core Skills:**

Advocacy / Discharge Planning... Training / Presentation ... Written / Oral Communication ...  
 Psycho-Social Assessment / Client Interviews...Research / Outreach Community Engagement

#### **Summary:**

- Created rapport with clients based on trust, open communication, and mutual respect.
- Encouraged and motivated clients to take ownership and pride in achieving their goals.
- Communicated with family members and interacted with various community services.
- Facilitated groups on such topics as coping skills and anger management.
- Prepared intake assessments and treatment plans.
- Participated in staff meetings, planning sessions, and special training programs.
- Maintained accurate and confidential case and progress notes.

### Education:

State University of New York at Buffalo, Amherst, New York

June, 2010

#### **Master of Social Work**

GPA: 3.6

Member of Graduate Student Association

State University of New York at Buffalo, Amherst, New York

June, 2008

#### **Bachelor of Science – Psychology**

### Experience:

University at Buffalo Counseling Services, Amherst, New York

8/09-5/10

#### **Social Work Intern**

- Provided individual counseling to the university population of college students.
- Maintained a caseload of 10-15 clients at a time, with the ability to assume additional responsibilities.
- Organized educational outreach initiatives on the subjects of depression, relational problems specifically to the medical student population and for the general student population.

Niagara Falls Memorial Medical Center, Niagara Falls, New York

8/08-5/09

#### **Social Work Intern**

- Facilitated inpatient psychiatric social work care to adults with severe mental illness and chemical addiction.
- Independently designed and developed psycho-educational group therapy handbooks, which will be utilized for future group planning.

Center for Children and Family at UB, Buffalo, New York

1/07-12/07

**Research Assistant**

- Administered appropriate responses within a behaviorism framework to adolescents ages 5-13 with ADHD and/or low spectrum autism.
- Maintained Social Skills Point System, which evaluated the progress of each child; documented and reviewed the results in order to determine the program's effectiveness,

**Other Experience:**

Mythos Restaurant, Buffalo, New York

5/07-Current

**Server**

- Independent customer service while multi-tasking in face paced environment.
  - Answer phones, perform transactions, serve customers, and maintain cleanliness of restaurant.

**Volunteer:**

American Foundation for Suicide Prevention, Buffalo, New York

8/10-9/10

Fundraised for suicide prevention research and education as well as participated in community walk in which aided in education and auction.

Kids Escaping Drugs, Buffalo, New York

7/09

Aided in management of educational and fundraising tent at Erie County Fair.